



To plant a garden is to believe in tomorrow—Audrey Hepburn

EAST BRUNSWICK COMMUNITY GARDEN

# The 2016 Season is in Full Swing



## Thank you volunteers!

June 2016—Issue 1

We had a great turnout and beautiful weather for the garden work day. The fence was mended, plots marked, and garbage cleared. Big thanks to everyone that came out!

[Check out the video!](#)

Our paths look great thanks to Dave, the Weeding Wednesday volunteers and the East Brunswick Youth Council!

Still plenty of time and work to do for those 4 hours of community service.



Bright Sunny skies for our 2016 EBCG work day!

## Our Commitment to Organic Gardening

The East Brunswick Community Garden, as part of the Friends of the East Brunswick Environmental Commission, is dedicated to local environmental education and conservation. Organic gardening is an integral part of environmental sustainability.

How can you do your part? At a minimum, choose a product that is labeled as “organic”.

If you are curious about if the product is organic as per USDA NOP standards, look for the following labels:



Both the [Organic Materials Review Institute](#) and [Washington State Department of Agriculture](#) have been accepted by the USDA NOP as reputable sources for reviewing products and determining compliance ([USDA Policy Memo 11-4, 2013](#)). The OMRI website has an easy search feature found [here](#). However, these resources are not exhaustive and there are many great “organic” products available.

## Important Dates

May 28th: Gardens Planted

June 8th: Weeding Wed 4-6 PM

June 11th: Spring Picnic 4-7 PM

June 15th: Weeding Wed 4-6 PM

June 20th: First Day of Summer

June 22nd: Weeding Wed 5:30-7:30 PM

June 29th: Weeding Wed 5:30-7:30 PM



## The Difference Between Miracle-Gro® and Miracle-Gro® Organic Choice®

Can you spot the differences between the two labels?

The term “Organic” becomes extremely fuzzy when talking about fertilizers since nitrogen, phosphorus, and potassium are all naturally occurring elements.

*Definition of Organic Fertilizers: “The term natural organic is applied to fertilizers derived solely from the remains, or a by-product, of a once living organism” (Rutgers Master Gardeners).*

Generally, anything that is synthesized or extensively processed is not considered organic.

Take the following example:

Miracle-Gro® Water Soluble All Purpose Plant Food 24-8-16		GUARANTEED ANALYSIS		F 1198	
Total Nitrogen (N)	24%	Molybdenum (Mo)	0.0005%	Zinc (Zn)	0.06%
3.5% Ammoniacal Nitrogen		0.06% Water Soluble Zinc (Zn)		Derived from Ammonium Sulfate,	
20.5% Urea Nitrogen		Derived from Ammonium Sulfate,		Potassium Phosphate, Potassium Chloride,	
Available Phosphate (P <sub>2</sub> O <sub>5</sub> )	8%	Urea, Urea Phosphate, Boric Acid, Copper		Sulfate, Iron EDTA, Manganese EDTA,	
Soluble Potash (K <sub>2</sub> O)	16%	Sodium Molybdate, and Zinc Sulfate.		Information regarding the contents and	
Boron (B)	0.02%	levels of metals in this product is available		on the Internet at	
Copper (Cu)	0.07%	<a href="http://www.regulatory-info-sc.com">http://www.regulatory-info-sc.com</a>			
0.07% Water Soluble Copper (Cu)					
Iron (Fe)	0.15%				
0.15% Chelated Iron (Fe)					
Manganese (Mn)	0.05%				
0.05% Chelated Manganese (Mn)					

Ammonium sulfate, the leading ingredient in Miracle-Gro® All Purpose Plant Food, must be manufactured since it rarely occurs as a mineral in nature. It is commonly *synthesized* by treating ammonia with sulfuric acid. This product is not considered organic. Whereas, the two ingredients listed in Miracle-Gro® Organic Choice® All Purpose Plant Food, poultry litter and feather meal, are animal byproducts. The Organic Choice® version of Miracle-Gro® is OMRI listed.

Checkout the website for a [list](#) of suggested organic fertilizers and soil

## Senior Center Donations

Welcome back Gardeners and welcome to the new gardeners!

In 2009 our East Brunswick Community Garden opened. Shortly thereafter we started growing food for the East Brunswick Senior Center. Currently we have two designated plots for this purpose, C20 and C21. Other gardeners are also encouraged to donate some of what they grow to the EB Senior Center but it is not required. A couple of years ago, Peter and Bill (from our EB Community Garden Board) built and painted a shelf next to our garden shed to be used for housing our donation coolers. We check the coolers Sunday through Thursday for any donations you would like to provide. There will be a scale and a donations book located on the shelf inside of the shed for you to record the produce that you donate starting the week of June 12. I have volunteers who will take the produce to the EB Senior Center Monday through Thursday.

Vegetable donations are **not** to be left outside of the EB Senior Center. The rules are that produce is left between 8 am and 4 pm so a staff member can take responsibility for the donation. The donations are to be taken to The EB Senior Center office (when you enter the Senior Center from the front entrance, walk down the corridor to the reception desk and make a left and follow down to where the offices are located.) A staff person will assist in taking the donation to the kitchen. I also have volunteers who will take the produce over to the Senior Center for you on Mondays through Thursdays, 8:00 am to 1:00 pm and who will also supply ice for the coolers with other special instructions.

Thank you for your help since our inception and happy gardening.



Help us “ripen” the carrot!



## Extra, Extra: Newsletter Content Needed!



Have something worth sharing? 20 lb. tomato? New baby/fur baby? Ran a marathon? Grandma’s secret recipe?

This year I intend to get the garden newsletter up and running and hopefully put out bi-weekly issues.

Send along pictures, stories, big news. Or write your own article! Doesn't have to be garden related.

Have an idea for the next newsletter?

Questions or comments? Click on one of the links:



Or email us at [ebcgarden@gmail.com](mailto:ebcgarden@gmail.com) or Marty at [htn60083@aol.com](mailto:htn60083@aol.com)

See you at the Garden!

-Tiffany